Love Shouldn’t Hurt

Building Healthy Relationships for Jewish Youth

Love Shouldn’t Hurt is a new Jewish dating violence prevention curriculum that addresses the age span from middle school through college. It contains background information and resources for the facilitator; detailed, step-by-step workshop outlines for each age group; and a companion workshop for parents. Most importantly, Love Shouldn’t Hurt was designed by young people themselves—and has been developed over time based on the experience of over 2,000 teen participants in our workshops.

Love Shouldn’t Hurt is unique because it:
• was developed for Jewish youth, by Jewish youth
• is field-tested and includes an evaluation component
• is developmentally relevant and multi-generational
• contains a comprehensive facilitator’s guide
• comes with technical assistance for facilitators

Educating teens now about dating violence is key to breaking the cycle of violence in our communities.

“Love Shouldn’t Hurt is an engaging, thoughtful and comprehensive curriculum that every Jewish teen and adult must experience. Carefully and sensibly constructed, with no-fault step-by-step instructions for facilitators and with significant Jewish teachings and texts, Love Shouldn’t Hurt educates, motivates and sensitzes participants in the issues and values necessary to create safe relationships.”

– RABBI MARK DRATCH, CEO, JSafe; former Vice President of the Rabbinical Council of America, and co-author of its policy guidelines for responding to allegations against member rabbis

“Love Shouldn’t Hurt provides a wonderful opportunity to our Jewish educational institutions to help our youth learn about healthy relationships, dating and dating violence—teaching them why these are Jewish issues, and how to respond in a Jewish way.”

– RABBI LAURA NOVAK WINER, RJE, Union for Reform Judaism, Youth Initiative Director and coordinator of the Sacred Choices project, a URJ curriculum on adolescent relationships and sexual ethics

“Absolutely every Jew from 11 to 21 -- and, frankly, Jews beyond those ages -- should experience a Love Shouldn’t Hurt workshop. This field-tested curriculum, drawing on the actual experiences of Jewish youth, sensitively and accurately portrays the realities of young love and its evil twin, young violence. No other curriculum addresses this critical topic as realistically and as effectively.”

– RABBI ELLIOT N. DORFF, PH.D., Rector and Distinguished Professor of Philosophy University of Judaism, and author of the Conservative Movement’s rabbinic ruling on domestic violence, printed in his Love Your Neighbor and Yourself: A Jewish Approach to Modern Personal Ethics

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Shalom Bayit  PO Box 10102  Oakland, CA  94610  (510) 451-8874
www.shalom-bayit.org  www.love-shouldnt-hurt.org
A project of the Tides Center
**10% discount for Jewish D.V. Programs**

**Love Shouldn’t Hurt**

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**Love Shouldn’t Hurt** is a Jewish teen dating violence prevention and healthy relationships education curriculum for Jewish communities nationwide.

**Curriculum includes:**
- Facilitator’s Guide
- Workshop outlines for Middle School, High School, College, & Parents
- Extension Activities
- Jewish Teachings on Relationships
- Bibliography & Resources
- Reproducible Handouts & Evaluations

**Technical assistance by phone. Customized training & in-person consultation are available for an additional charge.**